

Agenda item:

Title of meeting: Health & Wellbeing Board

Date of meeting:

Subject: Building a Healthier City series of seminars

Report by: Dr Janet Maxwell, Director of Public Health and
Kathy Wadsworth, Director of Regeneration

Wards affected: All

1. Requested by

Dr Janet Maxwell, Director of Public Health

2. Purpose - information report

2.1 The purpose of this report is to provide the members of the Health and Wellbeing Board with both the background and the progress to date of the Building a Healthier City series of seminars which supports the Joint Health and Wellbeing Strategic Priority of promoting prevention and particularly work stream 2a: Create sustainable and healthy environments.

2.2 A further report will be made available to the Health and Wellbeing Board following the final seminar in March 2015 which will set out in more detail the activity through which this work stream will be taken forward and the outcomes against which progress will be measured.

2.3 The report also recommends to members of the Health and Wellbeing Board to attend the final Building a Healthier City seminar on Thursday 5th March 2015. This will provide an excellent opportunity to hear about the themes resulting from all five seminars and to discuss how the work can best be taken forward to deliver improved outcomes for local people.

3. Information requested

3.1 In 2012, local authorities were given renewed responsibility for public health as part of the government's health and social care reforms. Local authority functions influence public health in many complex and inter-related ways. In its report, *Fair Society, Healthy Lives* (Marmot et al 2010), the Marmot Review into health inequalities in England clearly demonstrates how the 'broader determinants of health' - such as people's local environment, housing, transport, employment as

well as their social interactions - can be significantly influenced by how local authorities deliver their core roles and function (the Kings Fund 2013).

- 3.2 The Joint Health and Wellbeing Strategy 2014-17 includes a workstream to 'Create sustainable, healthy environments (see box below):

Workstream 2a - Create sustainable and healthy environments

People's health and wellbeing does not exist in isolation, but is influenced by the world in which they live, work and play. We want people in Portsmouth, across all ages and groups, to be able to enjoy happy, active and ultimately healthy lifestyles, whilst reducing the city's dependence upon motorised forms of transport, in particular the car, and promoting sustainable economic growth by investing in alternative methods of commuting, traveling and going about our daily lives.

Our aim is to ensure that no-one is prevented from achieving ease of access to education, employment or recreation through the effects of ability, socio-economic background, poverty or financial hardship. This will involve working closely with the Regeneration directorate and Shaping Portsmouth to explore how the built environment, including housing, planning and open spaces, and transport can support individuals to lead healthy lives.

- 3.3 In order to develop a meaningful and shared set of actions to deliver this workstream, building on a shared recognition of the importance of a sustainable and healthy environment for improving health and wellbeing and reducing health inequalities, the Director of Public Health and the Strategic Director for Regeneration arranged a series of five seminars for Portsmouth City Council services and other local partners. The specific aims of the five seminars were to:

- Demonstrate where efforts to improve the health and wellbeing of the local population can also deliver the aims and objectives of other services
- Strengthen the links between shared agendas
- Share learning and expertise across directorates
- Agree priority action areas to be taken forward
- Develop health champions across the organisation
- Improve outcomes relating to health and wellbeing for people in the city
- Identify service areas where the Public Health savings can be used for maximum impact on public health outcomes.

4. Progress to date

- 4.1 In September a cross directorate steering group was set up to plan the five seminars and examine how the key action areas could be taken forward. The five seminars include: Health and Transport (28.10.14); Sustainability and Health (25.11.14); Urban Planning and Health (1.12.14); Employment, Skills and Health (12.1.15) and Housing and Health (3.2.15). The final seminar (5.3.15) will briefly report on the outcomes of the five seminars, look at the links between them, demonstrate how public health outcomes can be achieved through improved joint working, allocate resources to take the work forward, and ensure that elected

members and members of the Health and Wellbeing Board understand the agenda and are fully briefed on the progress made to date.

- 4.2 The specific purpose of the first seminar on **Transport and Health** was to:
- Gain an overview of local transport policy in Portsmouth
 - Examine the connection between transport and health
 - Share examples of best practice from across the country
 - Increase our understanding of how sustainable and active travel can help address key city challenges
- 4.3 As a result of the seminar, a cross directorate working group is being set up to look at developing business plans to ensure joint working and joint funding to consider:
- The use of Health Impact Assessments (HIA) on policies and strategies
 - The update of the Local Transport Plan 3 to include the involvement of public health
 - The promotion of joint public health and active travel campaigns and events
 - How to address budget pressures.
 - How the good work completed in the LSTF can be continued with Public Health and Transport working in partnership.
 - How resources can be shared
- 4.4 Seminar two addressed **Sustainability and Health** and focussed on why sustainability is such an important issue and how it links with health; the key issues for Portsmouth; and the importance of engaging the next generation. An example of innovative practice was presented by Nick Grayson from Birmingham City Council. Table top discussions addressed how we can reduce our carbon footprint in Portsmouth and what we need to do to adapt to climate change.
- 4.5 Discussions are currently in place to agree the Energy Strategy for Portsmouth. Current stakeholder engagement seeks to affirm priorities and balance the energy drivers of cost, carbon and security with city regeneration and the health and well-being of residents. (Activities and objectives are outlined in Appendix A).
- 4.6 Clear links with the findings from the Transport and Health seminar were demonstrated, including the need for more active travel.
- 4.7 Seminar three focussed on **Urban Planning and Health** looking at the key planning issues in Portsmouth and their links with health; the importance of green infrastructure, and planning for healthier places, focussing on planning for a healthy weight environment.
- 4.8 Once again, links between transport, sustainability and urban planning were clearly demonstrated, with a need to focus on active travel, the green infrastructure, and planning for a healthy weight environment. (The presentations from all five seminars will shortly be accessible from the JSNA website).

- 4.9 Seminar four examined the links between **Skills, employment and health**. The focus was on the how we can support people with health issues into work, the employer's role in supporting people with mental health problems and how we can achieve a healthier workforce.
- 4.10 In seminar five there were presentations about the key **Housing and Health** issues for Portsmouth and about how health and housing are intrinsically linked. This was followed by presentations and workshops addressing how the housing workforce can promote good health.
- 4.11 The feedback from participants attending the seminars has been collated and demonstrates a strong desire for a shared vision, the creation of joint strategies achieved through closer collaboration and more joint working, and the need for improved communication between directorates. Participants also discussed the need for better engagement with elected members and ensure that they are fully briefed about this agenda.
- 4.12 A cross cutting theme emerging is the need to ensure that staff across all directorates have the appropriate knowledge, skills and expertise to take the work forward. Professional development could be achieved through use of the Wessex School of Public Health bursary for professional development; work shadowing and secondments were also highlighted as other examples.

5. Funding to support Public Health Outcomes

- 5.1 To support the public health priorities for Portsmouth, part of the Public Health Grant will be used to support the transformation work for each of the five seminar topic areas (transport, sustainability, urban planning, skills and economy, and housing). The criteria for transformation funds has been discussed in full with heads of service and builds on the work reported to the Health and Social Care Portfolio on 10 February 2014. A briefing note explaining the principles of transferring funding from the Public Health grant to services is at Appendix B. There is a large degree of connectivity between the proposed plans and all plans support the Public Health Outcomes Framework and the development of a healthier city. Initial discussions suggest that the transformation funding could be used in the following ways:
 - 5.2 Transport and health
 - 5.2.1 Develop plans to ensure that active travel continues to be promoted following cessation of the Local Sustainable Transport Fund which currently supports 'Myjourney' to improve active travel to work. It is proposed that we focus in the coming year on safer routes to school (Supports Public Health Outcomes: relating to increased physical activity, reduced obesity and accident reduction; plus the Healthy Child and Healthy Schools Programmes).
 - 5.3 Sustainability and health
 - 5.3.1 Develop plans to improve the green infrastructure for the city to ensure accessibility of green walking and cycling routes linking to our wildlife and open spaces, accessible parks which promote physical activity and improved food growing

spaces. (Supports Public Health Outcomes relating to the wider determinants of health and health improvement)

5.4 Urban planning and health

5.4.1 Develop a healthy urban team to ensure that the health impacts of all aspects of urban planning are considered in all plans. (Supports Public Health Outcomes relating to the wider determinants of health and health improvement)

5.5 Skills, employment and health

5.5.1 Develop plans to further support adults with health issues into work. (Links with existing City Deal pilot programme supporting young people into employment)

5.6 Housing and health

5.6.1 Work with the Housing Options team to further develop the homeless health care pathway. (Supports Public Health Outcomes relating to the wider determinants of health and health improvement)

6. The way forward

6.1 The final seminar on 5th March will report on the outcomes of the five seminars, look at the links between them, demonstrate how Public Health Outcomes can be achieved through improved joint working across the local authority, allocate resources to take the work forward, and ensure that elected members and members of the Health and wellbeing Board are involved and fully understand the agenda.

6.2 A more detailed progress report will follow the sixth seminar in March 2015.

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Signed by: Dr Janet Maxwell, Director of Public Health

Appendices:

Appendix A - City-Wide Energy Strategy for Portsmouth

Appendix B - Use of Public Health Redistribution Fund

Background list of documents: Section 100D of the Local Government Act 1972

The following documents disclose facts or matters, which have been relied upon to a material extent by the author in preparing this report:

Title of document	Location

APPENDIX A: City-Wide Energy Strategy for Portsmouth

Interim Summary Paper for Dr Janet Maxwell (for H&WB Board) by Paul Hemming

Background

With the publication of its 2010 Climate Change Strategy, PCC committed to the future production of an energy strategy. Whilst the primary focus is on Portsmouth, the plans are being formulated in parallel with the about-to-be-published Solent Energy Strategy, with which the Portsmouth document will share many objectives. Across the Solent region, approximately 96% of energy used is generated elsewhere, leaving significant scope for increased local generation and, potentially, regional co-operation. Some specific outcomes to flow from the strategy included:

- Renewable/decentralised energy production developed around the city, retaining within the local economy more of the £200m or so annual energy bill
- Greater understanding of opportunities for PCC and PSB regarding provision of affordable warmth, improved housing quality, concurrent health benefits and job creation
- Reduced tariffs for decentralised energy produced in the city

Early 2014

PCC identified the need for a *city-wide* energy strategy that takes account of the priorities of key, local stakeholders - including the University and the Naval base, with whom we have jointly secured DECC funding to cover further heat mapping of the city plus studies into the feasibility of heat networks for the city centre and City Deal regeneration sites.

Current Status

The aim is to have the emerging strategy substantially agreed by spring 2015, with formal approval taking place in the months that follow. Current stakeholder engagement seeks to affirm priorities and balance the energy drivers of cost, carbon and security with city regeneration and the health and well-being of residents.

Broad Outline of Activities and Objectives

Amongst other things, the emerging strategy is working to

- Identify supply and demand constraints and opportunities
- Identify who could address these constraints and/or implement the opportunities
- Confirm the authority's perspective, considering security, carbon and cost, alongside economic regeneration and wider health and social priorities
- Identify the benefits and risks associated with each possible action
- Identify the potential role in delivery of each of the key stakeholders

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It is likely that the finalised objectives may include

- Energy efficiency and conservation, both domestic and commercial
- Local generation and distribution, including renewables
- Business, employment and training opportunities
- Action plan for delivery of strategic objectives

Portsmouth City Council

January 2015